### **HEALTH & SAFETY**

..... OCCUPATIONAL SAFETY

.....

PROCESS SAFETY 

SAFETY TRAINING

### >> OCCUPATIONAL MEDICINE

MEASURING STATION FOR HAZARDOUS SUBSTANCES

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# OCCUPATIONAL MEDICINE **PREVENTIVE CHECK-UPS FOR YOUR EMPLOYEES**



Give us a call! +49 69 305-7777 Monday – Friday: 8 am – 5 pm

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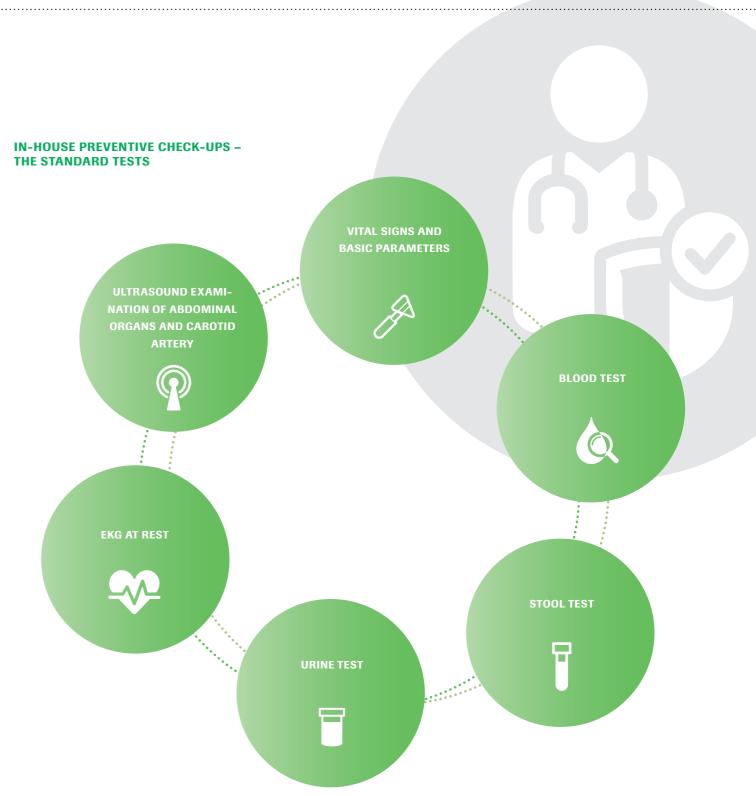


# PREVENTION IS BETTER THAN CURE **CHECK YOUR EMPLOYEES FROM HEAD TO TOE**

Healthy workers accomplish more. That is a big reason why it is the employers' job to ensure their staff get the medical care they need. We can help - with preventive check-ups to identify potential health risks before they develop into diseases. This service is 100% voluntary for your employees.

> Healthy employees are the ultimate competitive edge. By maintaining their work capacity and reducing absenteeism, you are doing something for them as well as for your company's bottom line. Offer this preventive program to your employees – a free service that goes far beyond what their own doctors do and what their insurance covers. The preventive check-up is the ideal tool for preventing disease and boosting productivity. It lets workers avoid disease by taking preventive steps or at least detect it at an early stage. That way, they can take action before symptoms even occur. And in many cases, an early diagnosis allows them to avoid taking medication altogether.

In addition to an exhaustive lab panel, our physicians will examine your employees closely. All the test results will be explained in a final consultation and possible consequences discussed, including recommended follow-up testing and treatment. The Industrial Clinic provides standard preventive check-ups and programs as well as more extensive site- and job-specific value-added services such as consulting and training on nutrition, stress or other health issues. Employees are more satisfied when they feel well taken care of. In an era when people work longer and skilled labor is increasingly scarce, it is tremendously important for companies to invest in their workers' well-being: The preventive check-up is an excellent employee retention tool, too.



## **CHECKS THAT COUNT**

Preventive check-ups include

- Vital signs and basic parameters: blood pressure, heart rate, weight, height
- Personal health parameters: nutrition, smoking, mental health, etc.
- Individual risks for certain diseases
- Complete blood count, liver function tests, renal function panel, uric acid, lipid metabolism panel, electrolytes, blood glucose, etc.
- EKG at rest or during exercise

## **ITEMS TESTED**

- Cardiovascular system
- Diabetes risk
- Metabolic syndrome
- Liver and abdominal organ
- Blood and blood vessels
- Thyroid
- Kidneys and urine

## **YOUR BENEFITS: IN-HOUSE PREVENTIVE CARE**

• Pulmonary function

• Employees receive a thorough report on the findings

- Maintain work capacity
- Screen for cancer and receive vaccinations
- Reduce absenteeism
- Have more productive employees
- Strengthen employee loyalty